



Winter 2024 Newsletter

Seasons Greetings from the Next Step Coordinator!

Wishing you all the best during this Christmas Season! Winter finally came as we knew it would however, we sure did appreciate the beautiful Fall weather we had and the delay in receiving the snow! All things Future Hope continue to shine! Hope for the Future is key when reintegrating from incarceration into community. Sister Carol set the bar high in how we provide support, care and compassion to each of the men we meet, and we pray we continue to meet her expectations and the mission she created. Community, belonging and relationships are what fosters success in reintegration and in

maintaining in community rather than returning to Stony Mountain Institution for any reason.

We continue to build community, belonging and relationships in many ways. Our Wednesday night Next Step Peer Support Group is the key to what we do; We meet men while they are incarcerated and get to know them so that when they come into community, they already feel a connection with our staff and volunteers and in many cases the other men in our group. We meet weekly to do personal development, share some coffee and snacks and then talk about how our week is going and how we can positively impact each other to be supported, solve problems and concerns and live a positive social life. We are grateful to our many presenters and speakers who come on Wednesday evening to share their knowledge and their wisdom. Along with Wednesday evenings we have a Next Step Peer Support Group inside Stony Mountain biweekly Mondays. This is to introduce men there to Next Step to see if it is something they will need in the future and for us to begin building relationships. It is tremendous joy and an honor to meet the many men who are seeking help to ensure they do not return to incarceration.

These two groups would not exist without the volunteers and so please assist me in thanking Crystal, Lenny, Joel, Rich, Larry, Sherry, and Rosalinda. As well, there are several men in our group who show up early and stay late each week to set up chairs, coffee, snacks and then cleanup. This extends to people at the houses like Ryan, who help with day to day operations. We couldn't do this without all of you and we are grateful.

We have many parishes that donate money to assist in our weekly meetings and enable us to purchase items for men when they first come back to the community. Items such as clothing, hygiene products, pillows and blankets, towels, bus tickets, foods - all of which are very needed and can feel overwhelming if you don't have. Throughout the year we celebrate many things together for example Christmas, Thanksgiving and Easter, (mostly centering around food)! We also participate in activities of fun and enjoyment together to build community, trust, just pure joy. Activities like canoeing, bowling, going to museums, the symphony, the Goldeyes, Bombers, Moose games, Rumor's Comedy Club, and pool parties and BBQ's. All this builds trust and care in the community with each other.

We currently have room for 18 men to live in the houses in our community of Future Hope: Quixote House on Furby street and the Massie Apartments on Furby street and a home in St. Boniface. All the homes provide comfort, safety, support and community. It is the expectation that if you live in the homes you participate in the community by way of Next Step Peer Support Group, community meals on Friday evenings and group activities. Friday nights is community dinner night at Quixote House, and we welcome all men from the homes, our Next Step group, former men from the community as alumni. They all gather for a meal and to continue the relationships we have been building. A

special shout out to Co-op Food store in Southdale for the generous donation of gift cards to assist with our Friday evening dinners.

We wanted to share some of the successes the men have experienced in 2024:

- Several men have hit their warrant expiry and are now off parole
- Almost 90% of the men we work with are employed or in school
- Special thanks to Purpose Construction and Build Inc for providing opportunities
- Sobriety Anniversaries are a huge event, a massive success and worth celebrating
- Several men have moved from Massie apartments into their own living situations
- Several men have moved from Quixote House into their own living situations
- Several have graduated from literacy and education programs
- Securing ID, getting a job, and in some cases a driver's license is a wonderful success

It is important to note that there is not always success, this path and journey to reintegration is hard and challenging and life can throw us curveballs which can set people back for a period of time. We acknowledge how difficult that can be and know that success is still made in small steps. Our community is there for men if they struggle, when they struggle and assist them to continue to take the next step or another first step if needed to move forward.

It continues to be an honor and a gift to support those in Future Hope. At Christmas we are reminded of all the wonderful things there is in this season: friends, family, gatherings, parties, gifts, services but we also acknowledge for many this is not a time of joy. For many it is a time of challenge and hurt and memories that may be unresolved. As we have always done, we are here for the men and will continue to do our best to be the support they require.

Merry Christmas and Happy New Year to all,
Kim and Joel



So Many To Thank, So Much To Say

There is a very simple fact when it comes to any charitable organization: **It does not do it alone.** Future Hope would not run, would not be able to provide all the support, food, and shelter for those in need without the help of organizations and individuals across the city, province, and country. Over the past year, some very special help has come in from a variety of partners - many traditional supporters of Future Hope, others newly invested in our cause. It is important that you know about such help, for each of them is directly responsible for keeping people safe, sober, productive and well.



Our thanks for the generous donation from [Red River Co-op](#) as part of their community support program! We plan to use this directly towards our weekly Friday dinners at Quixote House where current and past members come to eat, connect and be apart of a healthy community. Fridays have been all about pizza for now but we are excited to put these Co-op gift cards towards some other tasty meals!

[Learn more about Red River Co-op's help for the community](#)

Our thanks go out to **Second Harvest**: Canada's largest food rescue organization. Our mission is to keep food where it belongs: on plates and out of landfills. Second Harvest works with 4,400 charitable partners across the country to provide them with healthy surplus food from our food donors. Our diverse network includes:

- Community organizations
- Food banks and hamper programs
- Indigenous communities

- Shelters and transitional homes
- Meal program and drop-in centers
- Before school, after school and summer camp programs
- Faith-based organizations

Learn more about how Second Harvest helps

As of the end of 2024, Future Hope's rescues from Second Harvest include:




\$15,815.24

Value of Rescued Food

Value of Rescued Food

The food you have rescued has an average national retail value of \$15,815.24. Track this number to see your food rescue savings over time!

Greenhouse Gases Diverted

By rescuing this food you have helped divert 5,494 Kg of GHGs from entering the atmosphere. Thank you for keeping healthy food on plates and out of landfills.




5,494 Kg

Greenhouse Gases Diverted




4,661

Meals Provided

Meals Provided

To date you have rescued food that can provide 4,661 meals for people in your community. Thank you for caring for people and the planet!



Our thanks go out to the Grand Chapter of Royal Arch Masonry for Manitoba - **Red River Valley Chapter #21, Starbuck, MB.** The Royal Arch Masons have all pledged themselves to proactive Charity, and their Fraternity is known for its generous donations to the community at large together, with the ability to generate support for particular charitable foundations.

[Learn more about the Grand Chapter Royal Arch Masonry Manitoba Canada](#)



TACHANE
FOUNDATION INC.

Our special thanks go out to **The Tachane Foundation** - a longtime private support for a great number of charities dedicated to indigenous peoples for housing, education, culture, employment opportunities, mental health. The Tachane Foundation supports other charities providing culture, living assistance for homeless, and a variety of greatly needed services.

**THE
WINNIPEG
FOUNDATION**



**Your Community Foundation
For Good. Forever.**

Our thanks to a long-time supporter and a great help to the city of Winnipeg: **The Winnipeg Foundation**. The Winnipeg Foundation is a Community Foundation, a public charitable organizations, built through generous gifts of all sizes that are pooled and permanently invested. The interest earned from these endowments generates a sustainable source of support for local charitable projects. The Winnipeg Foundation is Canada's first community foundation, established in 1921. In 2023, they received more than \$46.6 million in gifts and distributed \$85.6 million to the community.

[Learn more about The Winnipeg Foundation](#)

We thank The Kinsmen Club of Winnipeg - founded on February 20th, 1924, it has grown to support many worthwhile causes not only in Winnipeg, but throughout Manitoba as well.

[Visit Kinsmen Jackpot Bingo](#)



winnipegkinsmen

Kinsmen TV Bingo started as “Kingo Bingo” on CJAY-TV in September of 1968 by the Kinsmen Club of Winnipeg. It was broadcast on the first Saturday night of each month with one set prize per broadcast. It proved to be so popular that we moved to a weekly format in 1970 and changed the name to “Kinsmen Jackpot Bingo” with an accumulating Jackpot.

Our Founders



Founded in Longueuil on October 28, 1843, the first congregation of teaching women religious founded by a Canadian woman (Marie-Rose Durocher) expanded quickly. Arriving in Manitoba in 1874, **the Sisters of the Holy Names of Jesus and Mary** did their utmost to meet the needs in several regions of Manitoba. Today, they still seek to meet the challenges of our time through education in various forms: faith education, academic education and justice education.



JÉSUITES
du Canada

JESUITS
of Canada

The Jesuits are an order of Catholic priests and brothers. For nearly 500 years, we have been on a mission of service, venturing into uncharted territories and laboring where the need is greatest. Founded in 1540 by St. Ignatius of Loyola, the Jesuits have always been more than just priests and brothers; They have been explorers, educators and advocates. From scholars to woodworkers, from saints to a pope, their legacy is rich and varied.



Final thanks to all of you.

Thank you to our individual donors. As we are a non-partisan, non-government, registered charity, we are well aware of the challenges that come along with fund-raising for causes that typically do not make headlines or find much media attention. The problem of homelessness is severe in and of itself; couple this with the stigma of begin on parole, in a rehabilitation program, or simply trying to rebuild one's life after years of being alone, and the difficulties rise dramatically. It is because of you that we continue to operate. On behalf of the Future Hope Team, we are sincerely grateful for your ongoing support!

A reminder:



Anyone in need of a tax receipt for your gifts, be they in-kind, stocks, or monetary, can contact us at any time! We use the ZEFFY system to generate tax receipts and donations, and have learned that it requires a working e-mail address and home address of the recipient to automatically send them out. If you have no e-mail address, made a change to your addresses, or would like a manually-processed tax receipt, we can certainly accommodate that at any time!



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